

Adaptive Kayaking Program for Veterans & Stand-Up Paddle Boarding



All Out Adventures is pleased to offer Adaptive Kayaking for Veterans and Disabled Members of the Armed Forces of all ages and all abilities and their loved ones. Paddle solo or tandem on a guided-tour of the Connecticut River in Northampton. Our staff are friendly and knowledgeable certified kayak instructors who can help you adapt a kayak if needed. Program site and activity is wheelchair accessible. Call us for accessibility information. Try out Stand-up paddle boarding. Our certified instructors will help you get started.

- Free of charge for Veterans and their loved ones.
- Equipment is limited, pre-registration required.

All equipment provided, but you must pre-register by calling All Out Adventures at **413-584-2052**. This program is funded by the Veterans Administration.

Inpatients call Donna Hayes at **413-584-4040 x2350**. You can also visit us online at www.alloutadventures.org or email us at info@alloutadventures.org

DIRECTIONS: Travelling from the VA Campus. Get on Damon Road, go under highway and take a left at Mock's Convenience Store. Follow the road down to the river following signs for Northampton Community Rowing. **Closest GPS address is 92Damon Rd., Northampton, MA.** It is located behind River Run Condos off Damon Rd. **When you get to the parking lot, walk down the hill to the river to our program base.**

July and August 2019 Schedule

Thursdays: July 11, 18, 25 and August 1, 8, 15, 22 and 29.
12 – 1:30PM or 1:45 – 3:15PM